

MVUC COVID Protection Guidelines for Individuals Attending Receptions

In order to continue to provide protection for individuals against COVID, the following safety guidelines have been developed by the MVUC COVID Task Force. These are reasonable measures that individuals should consider utilizing in order to limit the spread of COVID and to protect each other. Those hosting receptions should assure that all reception guests receive these guidelines at least one week before the planned reception. We kindly ask all who plan to attend receptions to please adhere to these guidelines:

1. Individuals attending receptions at MVUC are advised to adhere to CDC recommendations for masking, based upon current community levels of transmission and illness burden (updated weekly at <https://covid.cdc.gov/covid-data-tracker/#datatracker-home>).
2. Complete vaccination/boosting is highly recommended for individuals 6-months of age and older, unless medically contraindicated (discuss with your personal physician).
3. **Individuals having symptoms consistent with COVID infection** (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>) **should not attend receptions at MVUC.**
4. Individuals planning to attend receptions at MVUC, including children, should consider performing a rapid antigen tests one day before, or on the day of, the reception.
5. Adults and children 2-years of age and older, who decide to wear masks are strongly advised to wear snug fitting N95, KN95 or KF94 facemasks that completely cover the nose and mouth at all times. Cloth and paper masks are much less effective and are discouraged.
6. Individuals diagnosed with COVID within one week of attending a reception at MVUC, should notify the host for the reception and the MVUC church administrator at admin@mvuc.org or 703.765.5950.